

New App for people with Mental Health concerns

Would you like information to be available at the click of a button? Then download the new Ayrshire and Arran Mental Health App onto your smartphone.

The free app provides helpful information about:

- Local services and support
- Adult Community Services
- Mental Wellbeing
- Unscheduled Care
- Health Psychology
- Inpatient Information
- Older Peoples Services
- Learning Disabilities Services (LDS)
- Useful Resources

To get the app

Search for NHS Ayrshire and Arran in your app store and download it. You will see the apps that have been developed so far, click on Ayrshire and Arran Mental Health

